

## Nourishing Children on the Autism Spectrum Saturday, February 18th



2:00-3:30 p.m. @ People's Co-op  
Community Rm., 3029 SE 21st Ave.,  
Pdx 97202

*Suggested donation: \$10-20*

This lecture will explore the gut-brain connection and offer suggestions for herbs and foods that are healing to sensitive children. Recipes and strategies for feeding children with Autism, ADD, ADHD, and Asperger's syndrome will be included along with a cooking demonstration.

**Please pre-register to  
9 7 1 . 6 7 8 . 4 2 8 0  
stephbrooklyn@gmail.com**

☞Presented by Daily Nectar☞  
[www.dailynectar.net](http://www.dailynectar.net)

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