



*Devin's Mom presents...*

# AUTISM'S SPECIAL DIETS: THE GLUTEN-FREE CASEIN-FREE "GFCF" DIET

[www.devinsmom.com](http://www.devinsmom.com)

**Friday, January 20, 2012 7:00pm**

**Location: ARRO Westside Family & Community Center**

2360 SW 170<sup>th</sup> Ave, Beaverton 97006

**\$20 per Individual or \$15 per person *if you bring a friend!***

•Two names need to be provided when registering and both must attend to receive the discount.



This 1 ½ hour lecture is an introduction to the GFCF diet, and the role it plays in treating Autism Spectrum Disorders. The presentation is designed to give parents and caregivers a basic overview of the diet, implementation strategies, trouble-shooting, and clarifying misconceptions surrounding this particular diet. Handouts included, Gift Bag of GFCF products to take home, a Book Give-A-Way, and more!

Although aimed at educating parents, the material covered may also be valuable for developmental therapists, educators, medical/dietary practitioners, and anyone who is interested in learning why many kids on the autism spectrum are on special diets.



*Denise McMerrick has been a consultant to families with loved ones on the autism spectrum, in the Portland area, since 2007. She has successfully implemented the GFCF diet for her recovering son over the past 6 years, and found it to be a critical healing component. Studying, and living with, the special diets, Denise brings to our community not only the information to understand the GFCF diet... but the practical experience as well.*

**To sign up, email [devinsmompresents@devinsmom.com](mailto:devinsmompresents@devinsmom.com) - limited seating**

**For more details, go to: [http://www.devinsmom.com/Events/dmevents\\_specialdiets.htm](http://www.devinsmom.com/Events/dmevents_specialdiets.htm)**