

Physical Activity Levels of Children with Autism Spectrum Disorder  
3/4/12

To Whom It May Concern:

If you have a child with Autism and a child without Autism then you are invited to participate in a research study conducted in the Movement Studies in Disability program. Obesity is a serious problem in the United States, and the population of children with Autism is even more susceptible to becoming obese. One of the strategies to combat obesity is to increase children's physical activity levels, but currently, there is a limited understand on the physical activity of children with ASD. The purpose of this study is to obtain general information on the physical activity levels of children with Autism and compare them to their siblings without Autism.

We are studying this because the general thought is children with disabilities are less physically active. Specifically related to the population of children with ASD there is conflicting evidence so it is important to expand on this knowledge to gain a better understanding of children with ASD's physical activity levels. Also in order to provide appropriate intervention services, it is important to understand the current level of physical activity for this population. This study may help support the need for more physical activity interventions.

Participation in this study is strictly on a volunteer basis. This investigation is in no way affiliated with the treatment or services individuals are receiving from the individuals providing the recruitment materials on the researcher's behalf. If you have a child with Autism and a child without Autism between the ages of 5 and 17 and would be interested in having your children participate in this study please contact Courtney Johnson by phone at (503) 307-1351 or by email at [johncour@onid.orst.edu](mailto:johncour@onid.orst.edu).

Thank you very much.

Sincerely,

Courtney P. Johnson

Joonkoo Yun, Ph.D.  
Associate Professor  
Principle Investigator

# **Recruiting Participants:**

**Looking for families that have a child with Autism and a sibling without Autism  
between the ages 5 and 17.**

**For:  
Measuring the Physical Activity Levels of Children with Autism  
Spectrum Disorder**

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receiving from the individuals providing the recruitment materials on the researcher's  
behalf.**

If interested please contact

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